**Psychology Syllabus**

**Introduction**

Welcome to ***Intro to Psychology***, a half-year elective devoted to the study of mental functions and behaviors. This class will introduce you to how psychology seeks to understand individuals and groups by establishing general principles and examining case studies that can ultimately benefit society. As per *Understanding Psychology,* this course will introduce you to “not just what people do, but also their thoughts, feelings, perceptions, reasoning processes, memories, and even the biological activities that maintain bodily functioning.” Specifically, we will address topics as wide as psychology’s research methods, the development of the mind, personality, disorders, sleep, and memory, engaging students with reading and note-taking, presentations, writing, class discussions, film analysis, and research-oriented endeavors throughout the course.

**Course Outline**

1. Introduction to Psychology (Chapter 1)
2. Research (Chapter 2)
3. Development (Chapter 12)
4. Personality (Chapter 14)
5. Disorders (Chapter 16)
6. Sleep and Dreams (Chapter 5)
7. Memory (Chapter 7)
8. Final “Topics” Mini-Project

**Course Materials**

You will be expected to ***always*** have the following materials when you enter my classroom:

1. **Textbook**: *Understanding Psychology* by Robert S. Feldman. Perhaps the most important item is that which allows you to read about the topics that are being presented in class. This is essential, and we will be using it often.
2. **Notebook**: It goes without saying that you need paper to take notes, but the moral of the story here is that you will be taking a lot of notes. There will often be assignments that require quick access to paper.
3. **Writing Instrument:** You will find it rather difficult to participate in a class that requires a great deal of writing if you have nothing to write with.

**Grading Distribution**

**40%: *Major Assignments*** (Tests, Projects, Papers)

**40%: *Regular Assignments*** (Quizzes, Writing Assignments)

**20%: *Homework / Classwork / Current Events / Participation***

Because note-taking will be an essential component of the course, you will be expected to keep a detailed notebook. To ensure that students have been taking notes diligently, I may conduct periodic notebook checks. Homework/Classwork will be assessed as follows (see following page):

|  |  |  |
| --- | --- | --- |
| ***Homework/Classwork Grade Rubric*** | | |
| **Grade** | **Numerical Value** | **Grade Explanation** |
| √+ | 100 | The student’s work is *exemplary*. |
| √ | 80 | The student’s work is *adequate*. |
| √- | 70 | The student’s work is *insufficient*. |
| 0 | 0 | The student’s work is *incomplete* or *nonexistent*. |

Any student concerned with his or her grade is certainly welcome to discuss the matter with me either during lunch/activity or after school. Class time cannot be used to discuss individual grades. All assignments (other than Homework/Classwork) will be assessed on a typical 0 to 100% scale.

**Classroom Expectations**

**In an effort to maintain a positive classroom atmosphere, where learning is a reality, certain things must fall into place. The classroom can be a safe and fun place to learn if we work together to keep it distraction free.**

**Students’ actions will be guided by a code of *respect*.** Learning in C201 is a team effort and there’s no reason why one student’s behavior should get in the way of another student’s learning. Be *fair* and *respectful* to your fellow classmates. Bullying of any kind is absolutely unacceptable.

**An awareness of *time* is essential*.*** Due dates are incredibly important because they allow for the smooth movement of the course and demonstrate a dedication to greatness. I have been known to spend an extreme amount of time—both during and after school—helping students to build the skills and confidence necessary for real-world success. Be prepared to do your part; hard work requires time and unfortunately there are no shortcuts. For every day that an assignment is late, it will lose a full letter grade.

**Students will learn in a classroom free of technological distraction.** There will be many times when technology is used to the collective benefit of the class, but sending selfies on Snapchat and posting on Instagram will not be tolerated.

**Students will be *honest*.** I will strictly enforce a policy of honesty. Reference the school handbook for issues regarding plagiarism and cheating in general; these are policies that I take very seriously. Honesty, of course, is more than not cheating; be honest with yourself and make a conscientious effort to do well in this class. The only way to reach new heights is to have goals and expectations that exceed the norm.

***Engagement* is everything.** Half the battle in life is just *showing up*. But showing up means that you must ready to learn when the bell rings. If you must leave the room for some reason, ask me, and I’ll give you a pass. Check the handbook for the full policy on attendance, but be aware that absences hinder your ability to keep up with the class. If you’re absent, it’s ***your*** responsibility to get the notes from a classmate. Don’t ask me if we did something while you were out. You will *always* do something in this class. Ask me how you can make it up, and I will be glad to help.

**Students will demand that they *learn* something from the course.** If you feel as though you are not learning, come see me. This course is about *you* as a student, and it is my job to ensure that you learn. If I have anything to do with it, you will enjoy the process! If you ever feel like you need help with something, don’t hesitate to ask for it. I will do everything I can to help you have a positive experience in this class.

*By signing below, I am indicating that I have read and understood the class contract—a policy devoted to the student’s quest to learn.*

**Student Name (Printed): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Student Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**